

# Meet our eXperts LIVE

Presented by:



Northern Arizona Healthcare

Join us for a free in-person lecture series.

## YOUR HEART: WHAT KEEPS IT TICKING



Join doctors Kirk Gavlick, DO, and Sanjiv Faldu, MD, for a live lecture on essential heart health tips and prevention strategies. This empowering session will help you take charge of your cardiovascular wellness and inspire heart-smart choices for quality of life.



Thursday, Oct. 23, 5 - 6 p.m.

Verde Valley Medical Center, Conference Room B  
269 S. Candy Ln., Cottonwood

MORE INFO

[NAHealth.com/events](https://NAHealth.com/events)

SCAN

