



Northern Arizona Healthcare

# Childbirth Education 2024 Classes

**Congratulations!**  
**You are expecting a baby  
and it is an exciting time.**

Join our labor and delivery nurses and certified, specially trained health care professionals for this virtual class.

## **BREASTFEEDING BASICS**

**928-773-2491**

Please contact the NAH Childbirth  
Education office to register.

### **Dates of Virtual Classes:**

Wednesday, April 10

Wednesday, May 8

Wednesday, June 12

Friday, Aug. 9

**Time: 6:30 p.m. - 8:30 p.m.**

## **Northern Arizona Healthcare Childbirth Education**

Flagstaff Medical Center Education - 1000 N. Humphreys, Suites 241-242

Verde Valley Medical Center - Courtyard Plaza 269 S. Candy Ln.