



Northern Arizona Healthcare
Office of Philanthropy

Inside Northern Arizona Healthcare From the Office of Philanthropy

FROM THE DESK OF LARRY KUSHNER
CHIEF PHILANTHROPY OFFICER

Newsletter Issue No. 8 | Fall 2023

"BUILDING COMMUNITY"

Dear Friends,

John Donne, the 16th century English poet, was famous for writing, "No one is an island." In other words, we are all interconnected in some way to each other as a society, no one stands alone and there is strength when we are a part of something larger than ourselves.

So why would I cite an individual living some five centuries ago? Because Donne knew what he was talking about.

Today, for example, both Northern Arizona Healthcare (NAH) and our Office of Philanthropy are inextricably connected to the community of northern Arizona. We are here to serve others, to improve health and to heal people. And make no mistake, our amazing success story as a philanthropic engine to support our staff and region is predicated on building valued, trusting relationships in our community. For without community, we are nothing.

So as the fall colors change, and we move into the season of gratitude and thanks, this seems a particularly appropriate time to highlight "building community;" showcasing our wonderful partners, our staff, friends ... those we've met for the first time to those we've known for a while. Throughout this newsletter edition, you will see poignant examples of how people are connecting to improve, shape and build our community for the better.

One final thought. Every single day, our philanthropy team – Kate, Kendyl, Kim, Lisa, Maraka and myself - bear witness to the amazing power various acts of philanthropy create. Whether it's the donation of one's time, treasure and/or talent, we have the privilege of a front-row seat to witness what "building community" is and can be. Thank you for your partnership and for allowing us to share this with you. The best is yet to come.

With gratitude,

Larry Kushner
Chief Philanthropy Officer



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SPECIAL CARE NURSERY REUNION

After a three-year hiatus due to COVID-19, the Special Care Nursery (SCN) Reunion returned to Marshall Elementary School in Flagstaff. There were over 200 attendees at this carnival-themed event that celebrated graduates of the SCN, ranging from newborn to 17 years of age. This event allowed graduates, their families and the staff who cared for them to reconnect and enjoy a day of fun. From train rides to watching Guardian Air land a helicopter, eating cotton candy and more, this event was a success!



STAFF APPRECIATION DAY SPONSORED BY LOVEN CONTRACTING

On September 9, Loven Contracting sponsored a staff appreciation day at both Verde Valley Medical Center (VVMC) and Flagstaff Medical Center (FMC). This day honored the hard work and dedication of all NAH colleagues. Family and friends were able to celebrate and enjoy axe throwing, live music, photo booths, food, face painting, games and more.



A JOINT CONVERSATION



On Thursday, Aug. 31, Northern Arizona Healthcare's Orthopedic & Spine Institute (OSI) invited community members to attend a panel discussion to learn more about the services they provide and the best ways keep bones and joints healthy. Expert panelists included: Foot and Ankle Surgeon, Chris Diefenbach, MD; Physiatrist, Richard Holt, DO; Sports Medicine and Shoulder and Knee Orthopedic Surgeon, Scott Gibson, MD; Family and Sports Medicine Physician, Tim Partridge, MD; and EntireCare Lead Therapist, Dixie Callan, PT, DPT. Panelists addressed questions regarding OSI's walk-in clinic Ortho NOW, robotic-assisted surgeries, the best exercises to stay healthy and more. To learn more about OSI, please visit: www.nahealth.com/orthopedic-services/

NAH GIVES BACK!

Verde Valley primary care and EntireCare teams donated \$1,000 to the Sedona Community Food Bank.

OSI Physiatrist, Richard Holt, DO, and his wife, Heather, donated blankets to the Children's Health Center (CHC) for newborn, infant and toddler patients. The blankets will be provided to families who are in need when they visit CHC.



ACTS OF KINDNESS (AOK) FLAGSTAFF

Thank you to Flagstaff's Acts of Kindness (AOK), an organization that offers community support to those affected by suicide and also supports first responders who witness trauma on a daily basis. AOK gifted NAH's emergency department and Guardian Air colleagues with reusable cups filled with goodies. AOK is a non-profit community organization staffed completely by volunteers.



COMMUNITY PARTNER: VALLEY HARDWARE

Verde Valley Hardware will be donating all proceeds from their Pink Bag Sale to the Cancer Centers of Northern Arizona Healthcare. Every Saturday in October is dedicated to supporting the services provided at Cancer Centers of Northern Arizona Healthcare through philanthropic donations. The Pink Bag Sales happens during October in honor of Breast Cancer Awareness Month.



HISPANIC HERITAGE MONTH AT NAH



Hispanic Heritage Month is celebrated annually Sept. 15 through Oct. 15. This time is to acknowledge the history, culture, influence and contributions of Hispanic communities in the U.S. NAH celebrated Hispanic Heritage Month by inviting Ballet Folklorico de Colores to the NAH campus to showcase traditional Mexican folk dances. A Lunch and Learn panel, comprised of NAH colleagues and community members, was also arranged, which discussed Hispanic cultures, perspectives and backgrounds.

2ND ANNUAL DAWN TEBELAK MEMORIAL GOLF TOURNAMENT



Over 75 people gathered at Sedona Golf Resort on Thursday, Oct. 5 for the 2nd Annual Dawn Tebelak Memorial Golf Tournament to honor the memory of Dawn Carmel Tebelak. This tournament was started by Dawn's father, Larry Tebelak, and supports a scholarship in her name. This scholarship honors staff from the Verde Valley Medical Center ICU and MedSurg teams, which cared for Dawn in her final days.

UPCOMING EVENTS

November 1: Cancer Support Group in Sedona

You are not alone. Connect in safe space with community that can support you. Please contact Schuyler Griffin at Schuyler.Griffin@nahealth.com to schedule a required pre-group interview and to receive the support group info packet.

November 8: Flagstaff Medical Center Blood Drive

Give the gift of life by donating blood with NAH and Vitalant. The FMC Blood Drive will be located at the NAH Education Building located in the Fort Valley Shopping Center at 1000 N. Humphreys St., Flagstaff.

December 1: Verde Valley Medical Center Blood Drive

Another chance to give the gift of life by donating blood. Living Water Foursquare Church, 1380 E. Mingus Ave., Cottonwood

GET THE FACTS: HEALTH & WELLNESS VILLAGE

To learn more about how Northern Arizona Healthcare is planning a state-of-the-art hospital, ambulatory care center and wellness village to provide high-quality health care to the residents of northern Arizona, visit NAHealth.com/expansion, or scan the QR code:

