

FREE 1 hour Classes!



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SAVE A LIFE

Trauma is the leading cause of death for people ages 0-45.

A Stop the Bleed class allows you to help yourself and those around you when an emergency strikes.

The class will not only teach you what to do during an active violence situation, but during any emergency in which people might be injured.

Multiple class times offered! Seating limited!

10 AM Noon 2 PM 4 PM 5:45 PM

Location: Northern Arizona Healthcare Education Center @ Ft. Valley Shopping Center

1000 N. Humphrey's St. Flagstaff, AZ 86001

To Register Call Shawn Bowker RN 928-214-3973 or e-mail Shawn.bowker@nahealth.com